

**Activity:** \_\_\_\_\_

**Instructions:** Fill out each section as thoroughly as possible. When finished, fold left third of the page back, then back again. Then fold the resulting strip in half, then in half again. Keep on you at all times.

**Steps to Prepare:**

**Toolkit - List of Meds and Supplies:**

Potential Problems:	Solution to the Problem:	How to Recover:	Escape Plan:
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**In Case of Emergency - Call:**

(N): _____	(#): _____
(N): _____	(#): _____
(N): _____	(#): _____
(N): _____	(#): _____
_____	_____
_____	_____

**In Case of Emergency - Do This:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_